

The Jane Tomlinson

5k Canal Race

and 1.5 mile Fun Run

Canal Race

£3 (Club Members)

£5 (Non Club Members)

£1 Extra on the night

Fun Run

£2 all runners

Medals for all Fun Runners

1.5 mile Fun Run

starts at 7pm

5k Main Race

starts at 7.30pm

Race HQ is Methley Ex Service Mens Club,
Main Street, Methley, Leeds LS26 9HZ

Tuesday
5th July
2011

All money raised goes to



www.janesappeal.com



Organised by



**ROTHWELL
HARRIERS**

The Jane Tomlinson
5k Canal Race
 and 1.5 mile Fun Run



The Jane Tomlinson 5K Canal Run & 1.5mile Fun Run,
Tuesday 5th July 2011
 Registration is at Ex-Service Mens Club, Main Street,
 Methley, Leeds, LS26

The **1.5 mile Fun Run** starts at **7pm** with the **5k Race** at **7.30pm**

Permit applied for run on canal tow-paths and off road.

Medals for all Fun Runners
 5K Race Prizes for Age Categories
 Prize for First Male/Female Methley Resident

Entry Fee for the **Canal Run** is **£3** (Club members),
£5 (Non club members), **£1** Extra on the night

Fun Run **£2**

5k Course Records - Male: James Wardman **16.07**,
 Female: Karen Hallas **18.21**

All entries please send a SA 6x9" Envelope to:
Mark Seed, 4 Oast House Croft, Robin Hood, Wakefield, WF3 3BS

We also hold a '**Cake Competition**' (Running Theme) which will be
 judged on taste and presentation which takes place after the race.

Raffle & Presentation will be at **8.45pm** in Ex-Service Mens Club

**All proceeds from the race go to
 The Jane Tomlinson Appeal.**

www.janesappeal.com

Forename: _____

Surname: _____

Address: _____

_____ Postcode: _____

Tel (Home): _____

Tel (Work): _____ Email: _____

UKA affiliated club: _____

Registration No: _____

Male Female

1.5 mile Fun Run

5k Canal Race

Please make cheque payable to: '**Rothwell Harriers**'
 along with a SA 6x9" Envelope

Age on
 Race Day: _____

Date of
 Birth: _____

(runners aged between 14-18 must
 have a parent/carers signature for
 5k race)



Permit Number
 applied for

Fee enclosed (tick):

UKA affiliated (£3.00)	<input type="checkbox"/>
Unattached (£5.00)	<input type="checkbox"/>
Fun Run (£2.00)	<input type="checkbox"/>

I hereby declare that I am an amateur according to UK Athletics laws. I also declare that my participation in this event is entirely at my own risk and that none of the organisers or sponsors of this event, nor their members, servants or agents, shall be liable in any way whatsoever in connection with any loss, damage, injury or death either caused to or caused by me.

Signed: _____ Date: _____